

# ASTRO Networks Victoria Inc.

*is proud to present*

**Alex Podolinsky**

*to speak on*



## **Practical Applications of Biodynamic Agriculture**

Alex is one of the outstanding pioneering individuals in Bio-Dynamics. He is mainly responsible for the wide spread and highly successful application of Bio-Dynamic farming in Australia, an advanced organic method of growing, first introduced by Dr. Rudolf Steiner in 1924. Alex took up Steiner's challenge of making the Bio-Dynamic method available to 'all farmers'. He has dedicated the past 60 years of his life to organic and bio-dynamic activities by applying and refining the method on his own farm, and then teaching and working closely with other farmers from a multitude of enterprises since the early 1950's. He was able to bring Steiner's teachings down to a more practical level.

Biodynamic farming has been scientifically shown to produce more friable, fertile soils and healthier plants and animals. The soils develop much higher humus levels, (absorbing and holding considerable tonnages of carbon dioxide from the atmosphere), allow faster infiltration of water, holding much more water than conventional soils and require less frequent irrigation. Biodynamics can progressively bring salt-affected land back into full production.

The Evenings' Presentation will also Focus on;

- *A Brief History about Biodynamic Agriculture in Australia.*
  - *Plants and their Root Systems.*
- *Biological Materials that Powerfully Develop Soil Microbial Activity, Root Growth, Humus Formation and Light Metabolism such as Preparation 500 etc.*
- *Other Techniques include; Biodynamic Composting, Careful Cultivation Methods, Scientifically Based using the Moon and Zodiac Planting Chart.*

**A Very Dynamic and Informative Evening, Not to be Missed!  
See You There!!**

**Monday, 10<sup>th</sup> of November, 2014**

**7:45 p.m.**

***Members - \$5.00***

***Non Members - \$10.00***

**Balwyn Library, 336 Whitehorse Road, Balwyn, 3103**

*Tea/Coffee/Herbal Tea with Biscuits provided*

For more information about this and other ASTRO events contact Sergio or Josephine on  
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